

PERSONALITY PROFILING - MBTI

In-Council Training

LGMA's extensive experience working directly with councils across Queensland uniquely equips LGMA to develop and tailor specialist workshops and training programmes, specific to the needs of the individuals and teams within council.

Overview

Why is it that we relate so well to some people and not to others? Why is it that some people seem to just speak your language from your very first meeting? Do some things create stress for you that other people you know find exciting or enjoyable?

The answers to these questions are likely to be found by examining your natural personality differences. We share specific personality characteristics or preferences with some people and so find it easier to relate to them. Our natural preferences affect what we like and dislike.

Applying the Myers Briggs Personality Index, this hands-on workshop explores personality preferences to help understand needs, motivations and behaviour patterns and how personality differences can engender conflict and miscommunication. It provides tools to help avoid these issues and develop stronger teams.

Discover how to

- ✓ Understand your own personality preferences
- ✓ Understand what these mean for your preferred learning and engagement approaches
- ✓ Understand how to identify preferences in others
- ✓ Understand how to tailor your communication and approach to meet the needs of others
- ✓ Be a more competent and productive team player



Content

- 1 What is the Myers Briggs Type Index
- 2 The four spheres in action
- 3 Adapting communication and approach to suit the personality preferences of others
- 4 Understanding and managing your own personality preferences

Objectives

Understand the four spheres of personality

Understand how differences can impact communication and productivity

Understand how to mitigate these differences in the workplace

Know how to interact with others in their preferred style for greater engagement

Key Details

Course duration: 2 hours - 1/2 day
Delivery mode: Face-to-face in your council
No. Participants: Up to 24 people
Enquiries: training@lgmaqlld.org.au